

Rise 'n Shine Summer 5K

Saturday, August 12, 2017

Timing/results processing by Miller Race Management www.race-mrm.com

Run Results

RUN Top Females Overall based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|------------------|------------|------|-------------|-----|--------|
| 1 | 48 | NICOLE JACOBS | 22:45.449 | 7:20 | 22:38.266 | 31 | F |
| 2 | 3 | NICOLE ARSENAULT | 22:51.069 | 7:22 | 22:44.079 | 28 | F |
| 3 | 102 | DANIELLE SEQUIN | 22:56.398 | 7:24 | 22:54.097 | 26 | F |

RUN Top Males Overall based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|--------------------|------------|------|-------------|-----|--------|
| 1 | 112 | CONNOR STEFANOVSKY | 19:04.015 | 6:09 | 19:03.810 | 12 | M |
| 2 | 153 | ROBERT RATHBUN | 19:32.513 | 6:18 | 19:31.427 | 47 | M |
| 3 | 108 | ANDREW SPECTOR | 20:33.013 | 6:38 | 20:33.013 | 36 | M |

RUN Age Group Results for Male 1-14 based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|----------------------|------------|-------|-------------|-----|--------|
| 1 | 145 | JACK DAY | 21:32.723 | 6:57 | 21:32.095 | 13 | M |
| 2 | 54 | AUSTIN KEELER | 24:43.600 | 7:58 | 24:40.420 | 14 | M |
| 3 | 56 | TY KEELER | 26:54.520 | 8:41 | 26:50.409 | 11 | M |
| 4 | 119 | ETHAN VIETTI | 27:03.697 | 8:44 | 27:02.389 | 14 | M |
| 5 | 128 | NOAH WITTBRODT | 31:18.574 | 10:06 | 31:01.237 | 12 | M |
| 6 | 45 | LOGAN HUGO | 34:20.138 | 11:05 | 34:13.098 | 13 | M |
| 7 | 10 | CHRISTIAN BEHMLANDER | 34:32.408 | 11:08 | 34:18.595 | 9 | M |
| 8 | 113 | ZAK TACEY-SCHMIDT | 36:18.237 | 11:43 | 35:51.402 | 13 | M |
| 9 | 41 | ELLIOT HARRIS | 42:54.338 | 13:50 | 42:45.898 | 11 | M |
| 10 | 8 | KOLTON BAUMAN | 48:57.231 | 15:47 | 48:48.307 | 9 | M |

RUN Age Group Results for Female 1-14 based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|----------------|------------|-------|-------------|-----|--------|
| 1 | 146 | MALLORY DAY | 30:06.028 | 9:43 | 29:57.626 | 8 | F |
| 2 | 16 | BAILEY BRASHAW | 33:00.405 | 10:39 | 33:00.405 | 6 | F |
| 3 | 136 | JOY SWANSON | 36:09.979 | 11:40 | 35:58.322 | 13 | F |
| 4 | 44 | KAYLA HUGO | 51:37.881 | 16:39 | 51:31.678 | 10 | F |

RUN Age Group Results for Male 15-19 based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|--------------------|------------|------|-------------|-----|--------|
| 1 | 144 | RILEY DAY | 22:39.326 | 7:18 | 22:38.822 | 15 | M |
| 2 | 66 | NATHAN KURZER | 23:56.743 | 7:43 | 23:55.909 | 15 | M |
| 3 | 92 | HUNTER PORTERFIELD | 30:09.970 | 9:44 | 30:03.257 | 18 | M |

RUN Age Group Results for Female 15-19 based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|---------------------|------------|------|-------------|-----|--------|
| 1 | 141 | GABRIELLE MCCULLOCH | 24:43.582 | 7:58 | 24:40.362 | 15 | F |

RUN Age Group Results for Male 20-29 based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|----------------|------------|-------|-------------|-----|--------|
| 1 | 75 | JEFF MAUL | 21:54.900 | 7:04 | 21:52.772 | 29 | M |
| 2 | 19 | ZANE CIACIUCH | 29:21.638 | 9:28 | 29:20.142 | 27 | M |
| 3 | 88 | WILLIE PICKVET | 31:30.938 | 10:10 | 31:12.226 | 28 | M |

RUN Age Group Results for Female 20-29 based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|--------------------|------------|-------|-------------|-----|--------|
| 1 | 94 | CHRISTINE REED | 25:21.607 | 8:11 | 25:11.946 | 21 | F |
| 2 | 90 | HAYLEE PORTERFIELD | 26:13.547 | 8:27 | 26:08.103 | 24 | F |
| 3 | 29 | ALLYSON DINAUER | 26:47.384 | 8:38 | 26:44.613 | 20 | F |
| 4 | 118 | RACHEL VAN WORMER | 28:45.639 | 9:16 | 28:35.386 | 25 | F |
| 5 | 116 | MORGAN TREPkowski | 30:47.178 | 9:56 | 30:26.526 | 27 | F |
| 6 | 35 | KATIE GROCHOLSKI | 31:46.160 | 10:15 | 31:41.484 | 27 | F |
| 7 | 120 | TARA WELCH | 33:11.914 | 10:42 | 32:55.821 | 27 | F |
| 8 | 122 | AMANDA WICKER | 33:21.265 | 10:45 | 33:08.746 | 27 | F |
| 9 | 57 | ERIN KELLY | 33:20.530 | 10:45 | 33:10.593 | 26 | F |
| 10 | 25 | KRISTINA CRAVES | 34:19.347 | 11:04 | 34:12.002 | 29 | F |
| 11 | 87 | ERICA PICKVET | 35:01.878 | 11:18 | 34:43.325 | 27 | F |
| 12 | 50 | BRITTANY JEWETT | 45:42.440 | 14:45 | 45:21.371 | 23 | F |
| 13 | 103 | STEPHANIE SHAFFER | 45:43.055 | 14:45 | 45:22.257 | 26 | F |

RUN Age Group Results for Male 30-39 based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|---------------------|------------|-------|-------------|-----|--------|
| 1 | 53 | SCOTT KACZMAREK | 21:37.799 | 6:58 | 21:36.153 | 37 | M |
| 2 | 124 | DAN WILLS | 22:02.277 | 7:06 | 21:58.919 | 35 | M |
| 3 | 138 | ANDREW WIESS | 23:02.129 | 7:26 | 22:58.426 | 35 | M |
| 4 | 80 | BRENDAN NICHOL | 23:16.960 | 7:30 | 23:16.960 | 31 | M |
| 5 | 70 | LANDON LEPEAK | 23:59.944 | 7:44 | 23:53.777 | 35 | M |
| 6 | 42 | WAYNE HOFMANN | 25:01.804 | 8:04 | 24:47.977 | 34 | M |
| 7 | 65 | KARL KURZER | 24:49.357 | 8:00 | 24:48.631 | 37 | M |
| 8 | 85 | KYLE PAPWORTH | 25:06.964 | 8:06 | 25:01.107 | 35 | M |
| 9 | 117 | SCOTT TREPkowski | 26:52.248 | 8:40 | 26:30.204 | 31 | M |
| 10 | 4 | THOMAS BARNIKOW | 27:34.574 | 8:54 | 27:15.512 | 33 | M |
| 11 | 110 | JASON STEFANIAK | 27:41.756 | 8:56 | 27:27.233 | 36 | M |
| 12 | 18 | ISAAC CARMONA | 28:23.384 | 9:09 | 28:11.337 | 36 | M |
| 13 | 26 | RYAN CRAVES | 28:51.797 | 9:18 | 28:44.644 | 35 | M |
| 14 | 140 | KYLE MATHEWS | 30:15.430 | 9:45 | 30:01.312 | 35 | M |
| 15 | 99 | MATT SCHARICH | 32:33.741 | 10:30 | 32:05.600 | 33 | M |
| 16 | 83 | WESLEY OSOSKI | 33:16.473 | 10:44 | 33:00.858 | 35 | M |
| 17 | 38 | JASON HAHN | 33:53.293 | 10:56 | 33:24.846 | 33 | M |
| 18 | 125 | CRAIG WILSON | 35:48.484 | 11:33 | 35:36.245 | 34 | M |
| 19 | 130 | CHRISTOPHER YAGIELA | 36:44.435 | 11:51 | 35:50.511 | 35 | M |
| 20 | 12 | ANDY BERGERON | 41:43.671 | 13:27 | 41:25.810 | 38 | M |

RUN Age Group Results for Female 30-39 based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|-----------------|------------|------|-------------|-----|--------|
| 1 | 27 | JESSICA DAVID | 23:59.674 | 7:44 | 23:51.635 | 38 | F |
| 2 | 5 | NICOLE BARTLETT | 24:03.458 | 7:45 | 23:58.880 | 34 | F |

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|----|-----|--------------------|-----------|-------|-----------|----|---|
| 3 | 97 | JENAE SCHABEL | 25:42.831 | 8:17 | 25:33.523 | 31 | F |
| 4 | 139 | JANELLE WIESS | 26:16.107 | 8:28 | 26:11.744 | 34 | F |
| 5 | 69 | KARI LEPEAK | 26:25.832 | 8:31 | 26:19.986 | 34 | F |
| 6 | 104 | KRISTIN SHEEHAN | 26:40.085 | 8:36 | 26:31.769 | 36 | F |
| 7 | 123 | AMANDA WILLS | 26:49.701 | 8:39 | 26:45.320 | 37 | F |
| 8 | 78 | SHERRY MONTELEONE | 29:56.600 | 9:39 | 29:41.019 | 37 | F |
| 9 | 107 | ERIN SOWINSKI | 31:04.248 | 10:01 | 30:54.569 | 31 | F |
| 10 | 84 | KATIE PAPWORTH | 31:10.978 | 10:03 | 31:05.540 | 36 | F |
| 11 | 13 | KATIE BERGERON | 31:30.716 | 10:10 | 31:11.788 | 36 | F |
| 12 | 36 | STEPHANIE GUERRERO | 31:56.780 | 10:18 | 31:37.431 | 36 | F |
| 13 | 11 | DANICA BEHNKE | 32:06.748 | 10:21 | 31:54.789 | 39 | F |
| 14 | 73 | MELISSA MAILLETTE | 32:10.668 | 10:23 | 32:00.709 | 39 | F |
| 15 | 71 | VALERIE LIEBER | 32:57.199 | 10:38 | 32:52.040 | 38 | F |
| 16 | 79 | KATIE MUELLER | 34:10.545 | 11:01 | 33:57.352 | 37 | F |
| 17 | 52 | ANDREA KACZMAREK | 34:18.382 | 11:04 | 34:07.323 | 36 | F |
| 18 | 82 | SARAH NUNCIO | 34:35.029 | 11:09 | 34:23.663 | 32 | F |
| 19 | 1 | COURTNEY AHLBERG | 35:41.396 | 11:31 | 35:27.032 | 30 | F |
| 20 | 37 | ASHLEE HAHN | 38:19.702 | 12:22 | 37:51.244 | 31 | F |
| 21 | 33 | STACIE GATZA | 40:27.219 | 13:03 | 40:08.603 | 35 | F |
| 22 | 39 | KELLY HAMEL | 40:49.510 | 13:10 | 40:30.025 | 31 | F |
| 23 | 111 | KATIE STEFANIAK | 42:10.618 | 13:36 | 41:56.924 | 34 | F |
| 24 | 98 | KORRIE SCHARICH | 43:12.370 | 13:56 | 42:43.992 | 32 | F |
| 25 | 129 | KATRINA WYNN | 43:09.551 | 13:55 | 42:58.855 | 37 | F |
| 26 | 131 | MEGAN YAGIELA | 45:27.926 | 14:40 | 44:34.974 | 32 | F |

RUN Age Group Results for Male 40-49 based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|----------------|------------|-------|-------------|-----|--------|
| 1 | 60 | ANDY KOWALCZYK | 22:27.080 | 7:15 | 22:16.308 | 44 | M |
| 2 | 67 | LYNDON LARSON | 24:06.556 | 7:46 | 23:57.304 | 44 | M |
| 3 | 74 | PHIL PUMA MATA | 25:46.497 | 8:19 | 25:36.538 | 46 | M |
| 4 | 152 | JOHN KOWALCZYK | 25:50.896 | 8:20 | 25:39.737 | 42 | M |
| 5 | 21 | PAUL CLAYTON | 26:41.231 | 8:36 | 26:25.901 | 48 | M |
| 6 | 55 | BRIAN KEELER | 26:54.716 | 8:41 | 26:51.078 | 43 | M |
| 7 | 142 | JEFFERY DAY | 30:06.872 | 9:43 | 29:57.843 | 46 | M |
| 8 | 81 | MICHAEL NORMAN | 30:49.458 | 9:56 | 30:35.005 | 48 | M |
| 9 | 100 | PETE SCHMIDT | 32:23.560 | 10:27 | 31:55.875 | 47 | M |
| 10 | 17 | DWAYNE BRASHAW | 33:00.394 | 10:39 | 33:00.394 | 43 | M |
| 11 | 9 | ROB BAUMAN | 35:23.078 | 11:25 | 35:13.760 | 41 | M |

RUN Age Group Results for Female 40-49 based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|-----------------|------------|-------|-------------|-----|--------|
| 1 | 14 | JILL BOON | 27:35.349 | 8:54 | 27:26.394 | 41 | F |
| 2 | 101 | MITZI SCHWAB | 28:04.660 | 9:03 | 27:59.898 | 49 | F |
| 3 | 46 | MICHELE HUGO | 28:49.152 | 9:18 | 28:33.238 | 49 | F |
| 4 | 2 | JODIE ANDERSON | 30:05.523 | 9:42 | 29:50.796 | 44 | F |
| 5 | 59 | TAMMY KLOSOWSKI | 30:27.188 | 9:49 | 30:10.584 | 44 | F |
| 6 | 89 | KELLY PLETZKE | 31:43.505 | 10:14 | 31:36.938 | 40 | F |
| 7 | 40 | BRENDA HARRIS | 32:29.378 | 10:29 | 32:21.554 | 46 | F |
| 8 | 143 | ERICA DAY | 33:08.770 | 10:41 | 33:00.772 | 45 | F |

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|----|-----|----------------|-----------|-------|-----------|----|---|
| 9 | 62 | JENNIFER KRAUT | 35:28.414 | 11:26 | 35:16.160 | 46 | F |
| 10 | 28 | CARLA DEROCHER | 35:28.513 | 11:26 | 35:28.513 | 49 | F |
| 11 | 7 | CHRISTI BAUMAN | 35:54.666 | 11:35 | 35:46.020 | 42 | F |
| 12 | 96 | ISABELL ROBLES | 36:22.922 | 11:44 | 36:09.590 | 43 | F |
| 13 | 106 | TRICIA SMITH | 37:32.330 | 12:06 | 37:27.072 | 45 | F |
| 14 | 134 | ERICA BOOKER | 43:09.526 | 13:55 | 42:59.155 | 41 | F |

RUN Age Group Results for Male 50-59 based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|-----------------|------------|-------|-------------|-----|--------|
| 1 | 105 | TODD SLOGGETT | 21:52.825 | 7:03 | 21:49.859 | 53 | M |
| 2 | 43 | ROB HORSLEY | 24:36.694 | 7:56 | 24:35.457 | 52 | M |
| 3 | 24 | CHRIS COSSIN | 25:23.084 | 8:11 | 25:08.936 | 51 | M |
| 4 | 68 | JEFF LEMMER | 25:14.595 | 8:08 | 25:12.054 | 51 | M |
| 5 | 137 | REED SWANSON | 25:45.634 | 8:18 | 25:44.337 | 57 | M |
| 6 | 121 | DEREK WESTOBY | 26:41.693 | 8:36 | 26:28.065 | 53 | M |
| 7 | 30 | BRAD ESTABROOK | 26:58.207 | 8:42 | 26:42.443 | 58 | M |
| 8 | 64 | EDWARD KULIS | 27:55.963 | 9:00 | 27:46.507 | 59 | M |
| 9 | 32 | JAMIE EWALD | 29:35.082 | 9:33 | 29:18.074 | 51 | M |
| 10 | 126 | ALLEN WITTBRODT | 31:23.986 | 10:07 | 31:06.231 | 54 | M |
| 11 | 135 | CHRIS BURNSIDE | 31:28.446 | 10:09 | 31:20.608 | 54 | M |
| 12 | 114 | ANDREAS TEICH | 42:05.333 | 13:35 | 41:47.697 | 56 | M |

RUN Age Group Results for Female 50-59 based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|---------------------|------------|-------|-------------|-----|--------|
| 1 | 31 | MARYELLEN ESTABROOK | 26:58.133 | 8:42 | 26:42.821 | 51 | F |
| 2 | 91 | HOLLI PORTERFIELD | 27:25.040 | 8:51 | 27:19.360 | 55 | F |
| 3 | 86 | DEBBI PATTERSON | 29:24.408 | 9:29 | 29:13.537 | 56 | F |
| 4 | 47 | JOCELYNN JACOBS | 31:09.586 | 10:03 | 31:03.581 | 52 | F |
| 5 | 127 | LAURA WITTBRODT | 31:38.854 | 10:12 | 31:22.307 | 50 | F |
| 6 | 22 | TONI CLAYTON | 35:21.886 | 11:24 | 35:06.439 | 51 | F |
| 7 | 72 | NINA LOPEZ | 37:42.590 | 12:10 | 37:31.630 | 52 | F |
| 8 | 6 | LIZABETH BAUER | 38:33.466 | 12:26 | 38:15.955 | 50 | F |

RUN Age Group Results for Male 60 and Over based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|------------|------------|------|-------------|-----|--------|
| 1 | 151 | JOHN BUDAY | 26:05.296 | 8:25 | 26:03.550 | 63 | M |

Walk Results

WALK Age Group Results for Overall Female based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|--------------------|------------|-------|-------------|-----|--------|
| 1 | 267 | JESSICA JESKE | 45:35.543 | 14:42 | 45:09.359 | 38 | F |
| 2 | 255 | MEGAN COONAN | 45:35.772 | 14:42 | 45:09.633 | 40 | F |
| 3 | 256 | DEBBIE CRAVES | 47:02.037 | 15:10 | 46:36.562 | 60 | F |
| 4 | 275 | MARILYN PUTNAM | 49:50.452 | 16:05 | 49:20.417 | 48 | F |
| 5 | 273 | MELISSA OSOSKI | 51:01.803 | 16:27 | 50:44.734 | 39 | F |
| 6 | 281 | JAN TAGLAUER | 51:31.673 | 16:37 | 51:00.017 | 79 | F |
| 7 | 266 | KATHY HOFFMANN | 54:01.489 | 17:25 | 53:41.577 | 58 | F |
| 8 | 265 | BRIDGETTE HOFFMANN | 54:01.510 | 17:25 | 53:41.681 | 31 | F |

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|----|-----|------------------------|-------------|-------|-------------|----|---|
| 9 | 279 | THERESA WYNNE | 54:01.542 | 17:25 | 53:41.767 | 34 | F |
| 10 | 260 | KALEN GERULSKI | 55:11.340 | 17:48 | 54:34.336 | 30 | F |
| 11 | 258 | ANNETTE GERULSKI | 55:12.394 | 17:48 | 54:36.963 | 57 | F |
| 12 | 261 | BLAIR GREW | 55:09.594 | 17:47 | 54:46.120 | 36 | F |
| 13 | 278 | HOLLY VANWAGNER | 55:10.049 | 17:48 | 54:46.541 | 30 | F |
| 14 | 262 | NOREEN HATTON | 56:07.646 | 18:06 | 55:30.416 | 68 | F |
| 15 | 250 | BRENDA BADOUR | 57:52.556 | 18:40 | 57:23.931 | 51 | F |
| 16 | 274 | ELLEN PEARSON | 59:28.375 | 19:11 | 59:04.174 | 65 | F |
| 17 | 254 | PATRICIA COBURN-PENROD | 1:00:29.558 | 19:31 | 59:56.819 | 55 | F |
| 18 | 272 | ANNETTE NUENKE | 1:00:29.666 | 19:31 | 59:57.910 | 50 | F |
| 19 | 271 | JEANNE MCGAVIN | 1:06:38.572 | 21:30 | 1:06:14.845 | 62 | F |
| 20 | 263 | JESSICA HENDRY | 1:16:01.364 | 24:31 | 1:15:31.093 | 41 | F |

WALK Age Group Results for Overall Male based on Chip Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|------------------|-------------|-------|-------------|-----|--------|
| 1 | 253 | MICHAEL CIACIUCH | 43:17.424 | 13:58 | 42:52.745 | 62 | M |
| 2 | 270 | MATTHEW KELLY | 46:43.620 | 15:04 | 46:18.254 | 62 | M |
| 3 | 257 | JOHN CRAVES | 50:56.402 | 16:26 | 50:31.185 | 60 | M |
| 4 | 252 | MARC CESERE | 50:56.813 | 16:26 | 50:31.648 | 49 | M |
| 5 | 269 | NICK KEELER | 50:39.096 | 16:20 | 50:34.891 | 11 | M |
| 6 | 259 | JAN GERULSKI | 55:12.152 | 17:48 | 54:36.372 | 29 | M |
| 7 | 251 | MARK BADOUR | 57:51.854 | 18:40 | 57:22.562 | 52 | M |
| 8 | 264 | TY HENDRY | 1:16:01.612 | 24:31 | 1:15:30.085 | 20 | M |

Team Triumph Results

WHEEL Age Group Results for Overall Male based on Gun Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|--------------------|------------|-------|-------------|-----|--------|
| 1 | 132 | JUAN ANTHONY YRLAS | 28:14.978 | 9:06 | 28:13.579 | 19 | M |
| 2 | 63 | JACOB KRENZKE | 33:43.509 | 10:53 | 33:37.477 | 9 | M |
| 3 | 76 | DELBERT MCGILLEN | 43:30.355 | 14:02 | 43:21.849 | 33 | M |

WHEEL Age Group Results for Overall Female based on Gun Elapsed time

| Place | Bib # | Name | Gun Finish | Pace | Chip Finish | Age | Gender |
|-------|-------|----------------|------------|-------|-------------|-----|--------|
| 1 | 93 | CHERYL PURTELL | 24:06.590 | 7:46 | 24:05.359 | 53 | F |
| 2 | 133 | ROSA RAMOS | 30:06.763 | 9:43 | 30:02.729 | 18 | F |
| 3 | 77 | FLAME MEISEL | 31:16.117 | 10:05 | 31:11.920 | 21 | F |
| 4 | 115 | TRACEY TIMM | 51:59.193 | 16:46 | 51:47.080 | 37 | F |